

# Yoga Resistance Bands

This resistance band set can be integrated with any workout program. Use them for general exercise, stretching, strength training, and power weight programs. Good for sports, fitness, or physical therapy to help with rehabilitation. The set comes with 5 bands of different levels of resistances, and a pouch that can be silk screen printed or heat transferred.

- Get a great workout by utilizing these bands, which give you different results based on their varying thicknesses.
- Manufactured out of durable TPE (thermoplastic elastomer).
- Bands feature resistance levels stamped onto the TPE.
- Each band is 12 inches long when laid flat and can be easily stored in the accompanying pouch: great for traveling.
- Imprinting on polyester pouch only.



## Exercise Anywhere!

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Yoga Resistance Bands with Pouch

Item#: H201

